

**Have you ever seen a ghost and if you have, what do they look like?**

Yes I have seen ghosts lots of times, and maybe too many times to tell you about in this note back to you. Sometimes ghosts look like see through people out of the corner of my eye. Other times they look like a hologram. Other times they look like people in my mind when my eyes are shut. I know I am in the presence of a ghost when I start to feel very cold after seeing these pictures in my mind. I also start to feel and see a movie of someone else's story in my mind.

Sometimes I get visited from people in my family who have passed over. Other times they might be people who are known to someone else or sometimes I don't even know them at all. It's best to think of a ghost like a spirit who is the driver of a car. The car is the human body and once a spirit has finished with their life and their physical body, they'll either return to the spirit world to attend other schools of life or they may wait a while before preparing to return to Earth in a new body. Sometimes spirits are left on Earth if they have unfinished business or are lost on the way back.

A trapper spirit may become attracted and stay in the environment it is in or with the people around it. As spiritual beings in a human existence, we emanate a light, which ghosts may think is the light to go to for when they are to cross over to the other side properly.

**If you ever come across a spirit who is hanging around, it's best to call on Archangel Michael to keep you safe and to ask him to send them off to the light.**

